**#pengtings**

#pengtings is an exhibition by an international group of female artists interpreting the way they choose to present the world around them. This is often incorporated with the fantasy lives they invent for themselves.

Social media has given us all carte blanche to reinvent ourselves as super-human, exaggerating how we look and artificially enhancing what we believe are our best features.  The pressure surrounding body image is a real and growing issue and can occasionally manifest itself in anxiety and mental illness.  There are numerous ways to define beauty and catching a moment to appreciate it can be a way to alleviate the stresses of life and escape into a world of imagination . This can be achieved with art that pushes the boundaries of what is real and can imitate itself within painting, drawing, and sculpture.

In this exhibition seven female artists explore the internal and external conversation they have with their lives, and their views of themselves, both real and imaginary.  This exhibition is an inspiring portrayal of life through the eyes of contemporary artists.