

PRESS RELEASE

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## ANNOUNCING 'CONNECTIONS - WHOLLY HOLISTIC' ART EXHIBITION & ON-LINE

## **EVENTS**

at: Santosa Wellness Centre Edinburgh

DATES: May1st – 30th June2021

Within the peaceful Wellness Centre and Café of Santosa, a group of artists come together in the creative spirit which flows in these challenging times. They would like to invite others to participate in this expression of the human spirit, bringing openness and imagination into exploring our connections within the community and the natural world.

The artists - Jessica Barbagallo, Katerina Campbell, Pauline Flannery, Sally Freedman, Tom Wallace, Michael Jessing, Lizzie Smith and Sarna - see the thread of words, images, nature, and spirit weave through their work.

Connections - Wholly Holistic events and workshops include word- movement, spoken word, healing sounds, storytelling and more. These events take place on Saturdays at 6 pm.

The exhibition sees three book launches: *Three Miles of Rice Pudding* by Tom Wallace, *Mermaid on Legs* by Lizzie Smith and *Shepherd Project* by Michael Jessing.

A proportion of the proceeds from sales of the work donated to the "<u>Learning for a Change Nepal</u>" charity.

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