

PRESS RELEASE

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Connections - Wholly Holistic Exhibition Graphic

ANNOUNCING 'CONNECTIONS – WHOLLY HOLISTIC' ART EXHIBITION & ON-LINE EVENTS

at: [Santosa Wellness Centre](#) Edinburgh

DATES: 10 January – 10 March 2021

Within the peaceful Wellness Centre and Café of Santosa, a group of artists come together in the creative spirit which flows in these challenging times. They would like to invite others to participate in this expression of the human spirit, bringing openness and imagination into exploring our connections within the community and the natural world.

The artists - Jessica Barbagallo, Katerina Campbell, Pauline Flannery, Sally Freedman, Michael Jessing, Lizzie Smith and Sarna - see the thread of words, images, nature, and spirit weave through their work.

Connections - Wholly Holistic events and workshops include yoga and movement, spoken word, healing sounds, storytelling and more. These events take place on Thursdays from 4 – 6 pm.

The exhibition sees three book launches: *The Parable of the Farmer and the Ghost* by Jessica Barbagallo, *Mermaid on Legs* by Lizzie Smith and *Shepherd Project* by Michael Jessing.

A proportion of the proceeds from sales of the work donated to the "[Learning for a Change Nepal](#)" charity.

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